



Resource Material

Hello and welcome to the resource material for Full Armour.

As the name suggests, we are using the imagery set out in Paul's letter to the Ephesians describing the armour of God. Paul urges us to put on the full armour to protect ourselves with the truths of the gospel of Jesus.

It is colour coded as follows:

Black: to be read aloud

Blue: [parents/leader info](#)

Purple: additional facts if you have particularly keen and interested children

Green: additional prayer ideas if your children are keen

For each 30-40 minute session:

- play the 'Full Armour' video clip of the appropriate episode (each episode is around 4 - 6 minutes)
- Play the 'Family Series' video of the appropriate episode. (At the end of this video there is a suggested craft)
- work through the games and discussion questions of the corresponding piece of armour (explore the different aspects of the armour as a group and talk together about what it means for our lives)
- print off the appropriate fun sheet for each child
- finish with the prayer activity (decide an appropriate length of time to spend on the prayer section, depending on where your children are in their faith journey)

We pray and trust that you find your time with your children to be thoughtful and challenging and ultimately life changing.

You're on the frontline and it's an exciting place to be. You've got the armour on, but it is God's battle, so let Him take the lead and prayerfully watch for what He does.

God Bless

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Session 3 – The Helmet of Salvation

1. Have you ever been saved from a dangerous situation? **Encourage them to share how they felt when they had been saved. If no-one has anything to share ask for examples from stories or movies and ask how the characters must have felt to be saved.**

Save Yourself! Get everyone to stand in a circle and close their eyes. Keep your eyes open and say you are going to have a competition to see who can stand on one leg the longest. It's very hard to balance with your eyes closed! Now give the option that they can help each other but the same rules apply. Encourage them to come up with creative ways to increase their record. It should be possible to lean on one another to the extent that everyone can stand on one leg indefinitely. The problem is that if one person overbalances, everyone will!

2. Timothy: **“I don't understand. If he loved you he should have saved you?”**
To what extent do you agree with this? In what way is loving people and saving them linked? When might it not be possible to save people we love?

3. Miriam: **“We don't always know what we need saving from...”**
What do you think Miriam means? Can you think of any examples of a time when you really thought you needed something, but you now realise you needed something very different?

4. The Bible paints quite a scary picture of 'what we need saved from'. It makes it very clear that a time is coming when everything that is evil and broken in the world is going to be completely destroyed. How does that make you feel? Do you think God is right to want to wipe away everything that is wrong

5. It can be really hard to think about 'judgement' (that means wrong things being destroyed) but it's helpful to remember that for many people this is very good news. Timothy was totally helpless and at the mercy of people much stronger than him: he literally needed to be saved. Many Christians suffered in this way at that time in history, and there are still millions of Christians around the world who are at the mercy of people who hate them for being followers

of Jesus. In what ways does this change our perspective on judgement? How does it explain the urgency of Christians to tell people about Jesus?

If we have asked Jesus to be king of our lives then the Bible says we are saved - how then should we live? Miriam gave the example of Lucius Quintus, a young Roman boy who will one day inherit a huge fortune. The Bible uses this imagery a lot when it talks about us being 'heirs to Salvation'. Read **Romans 8:16** together. Pray that we would understand more about what it means to be children of God and how God wants us to behave as a result.

Optional Prayer activity:

We can share in Jesus' glory (the reward he received for winning the battle) - that's incredible! Write or draw some of the 'treasure' you would love to 'inherit' or achieve in this world. Spend some time thanking God that our reward in Heaven will be even better than these things.

Craft

Make a Helmet of Salvation - you will need:

1. cardboard to make a helmet
2. things to decorate the helmet - pens, paint, glitter, stickers, paper etc
3. more cardboard for making the helmet fancier
4. Glue/sticky tape

Activity Sheet 3 for P4-P7

How many types of Helmet can you name and draw?

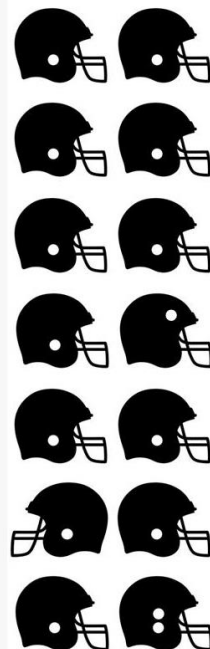
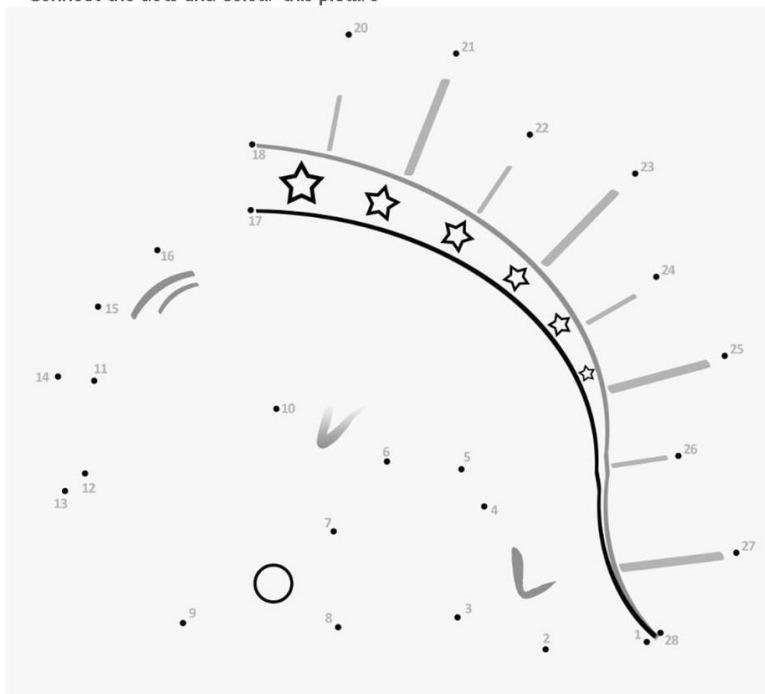


Armour of God: Put on the helmet of salvation



Connect the dots and colour this picture

Spot the odd ones out



Activity Sheet 3 for P1-P3

Draw 3 different types of Helmets.



Armour of God: Put on the helmet of salvation

Connect the dots and colour this picture



Spot the odd ones out

